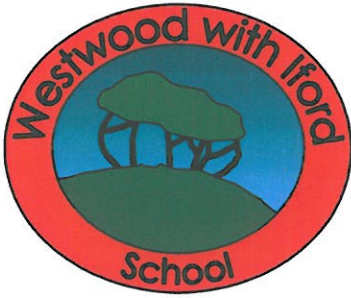


WESTWOOD WITH IFORD SCHOOL



Headteacher:
Mr Ian Rockey

Tel: 01225 862408

Email: admin@westwoodwithiford.org

Website: www.westwoodwithiford.org

Boswell Road
Lower Westwood
Bradford on Avon
Wiltshire
BA15 2BY

Monday 1st June 2015

HEALTHY SCHOOLS

Dear Parents

Welcome back to the final term of the year, with so much to look forward to and fingers crossed for some lovely weather so that we can enjoy the wonderful outdoor space.

This term I would like to announce a new initiative that we can all take part in. We will be working towards our Healthy Schools Bronze Award over the next couple of school terms, into the Autumn, including a focus on healthy eating, exercise and a whole school approach to being a healthy school within the PSHE curriculum.

With this in mind and a commitment to creating a positive environment that promotes health and wellbeing for all of our children, can I please ask that from now on children bring only a healthy snack for their break, i.e. a piece of fruit and no chocolate, crisps or sugary foods. Later in the term we will also be looking at healthy eating lunchboxes.

I am sure you will agree that by helping our children to eat healthily, to exercise regularly and to maintain their own sense of wellbeing from an early age, we will be supporting their future development.

Once again, can I thank you for your continued support and I look forward to this journey together as a school in achieving our Bronze Healthy Schools Award. If you would like to find out more information, please visit www.wiltshirehealthyschools.org.

Best Wishes,

A handwritten signature in black ink, appearing to read 'Ian Rockey', written over a large, stylized flourish.

Ian Rockey
Head Teacher