



	Year 1	Year 2	Year 3
Cooking and Nutrition	<ul style="list-style-type: none"> <li>• CN1 cut food safely</li> </ul>	<ul style="list-style-type: none"> <li>• CN1 understand the need for a variety of food in a diet</li> <li>• CN2 group familiar food groups e.g. fruit and vegetables</li> <li>• CN3 measure and weigh food items – using informal methods</li> </ul>	<ul style="list-style-type: none"> <li>• CN1 say what to do to be hygienic and safe</li> <li>• CN2 begin to be able to read and understand food labels</li> <li>• CN3 measure and weigh ingredients appropriately</li> </ul>
Processes	<ul style="list-style-type: none"> <li>• P1 generate ideas and recognise characteristics of familiar products</li> <li>• P2 use pictures and words to describe what he/she wants to do</li> <li>• P3 select from and use a range of tools and equipment to perform practical tasks e.g. cutting, shaping, joining and finishing</li> <li>• P4 choose materials and explain why they are being used</li> <li>• P5 explore and evaluate a range of existing products</li> <li>• P6 build structures, exploring how they can be made stronger, stiffer and more stable</li> <li>• P7 use levers and sliders</li> </ul>	<ul style="list-style-type: none"> <li>• P1 design purposeful, functional, appealing products for himself/herself and other users based on design criteria</li> <li>• P2 generate, develop, model and communicate his/her ideas through talking, drawing, templates, mock-ups and, where appropriate, information and communication technology</li> <li>• P3 select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their characteristics</li> <li>• P4 choose materials and explain why they are being used depending on their characteristics</li> <li>• P5 evaluate his/her ideas and products against design criteria</li> <li>• P6 join materials together as part of a moving structure</li> <li>• P7 explore and use mechanisms e.g. levers, sliders, wheels and axles, in his/her products</li> </ul>	<ul style="list-style-type: none"> <li>• P1 demonstrate that his/her design meets a range of requirements</li> <li>• P2 complete a plan that shows the order and also what equipment and tools he/she needs</li> <li>• P3 use equipment and tools accurately</li> <li>• P4 explain how he/she has selected appropriate materials and components to create a finished product that will be of good quality</li> <li>• P5 investigate and analyse a range of existing products</li> <li>• P6 strengthen frames using diagonal struts</li> <li>• P7 use a simple circuit in his/her product</li> </ul>



	Year 4	Year 5	Year 6
Cooking and Nutrition	<ul style="list-style-type: none"> <li>• CN1 understand what makes a healthy and balanced diet and that different foods and drinks provide different substances the body needs to be healthy and active</li> <li>• CN2 understand seasonality and know how a variety of ingredients are grown, reared, caught and processed to make them safe and palatable/tasty to eat</li> </ul>	<ul style="list-style-type: none"> <li>• CN1 know appropriate portion sizes and the importance of not skipping meals, including breakfast</li> <li>• CN2 understand some of the basic processes to get food from farm to plate</li> <li>• CN3 taste a range of ingredients and food items to develop a food vocabulary when designing</li> </ul>	<ul style="list-style-type: none"> <li>• CN1 understand the main food groups and the different nutrients that are important for health</li> <li>• CN2 use information on food labels to inform choices</li> <li>• CN3 join and combine ingredients appropriately e.g. beating, rubbing in</li> </ul>
Processes	<ul style="list-style-type: none"> <li>• P1 investigate similar products to the one to be made to give starting points for a design</li> <li>• P2 generate alternative plans and expound on the good points and drawbacks of his/her original design</li> <li>• P3 select from and use a wider range of tools and equipment to perform practical tasks e.g. cutting, shaping, joining and finishing, accurately</li> <li>• P4 explain how his/her choices of materials and components have contributed to the aesthetic qualities of his/her finished product</li> <li>• P5 consider how the finished product might be improved and how well it meets the needs of the user</li> <li>• P6 join and combine materials and components accurately in temporary and permanent way</li> </ul>	<ul style="list-style-type: none"> <li>• P1 use research and develop design criteria to inform the design of innovative, functional, appealing products that are fit for purpose, aimed at particular individuals or groups</li> <li>• P2 create prototypes to show his/her ideas</li> <li>• P3 use tools and materials precisely</li> <li>• P4 select from and use a wider range of materials and components, including construction materials, textiles and ingredients, according to their functional properties and aesthetic qualities</li> <li>• P5 evaluate his/her ideas and products against his/her own design criteria and consider the views of others to improve his/her work</li> <li>• P6 apply his/her understanding of how to strengthen, stiffen and reinforce more complex structures</li> <li>• P7 understand and use electrical systems in his/her products e.g. series circuits incorporating switches, bulbs, buzzers and motors</li> </ul>	<ul style="list-style-type: none"> <li>• P1 use market research to inform plans</li> <li>• P2 generate, develop, model and communicate their ideas through discussion, annotated sketches, cross-sectional and exploded diagrams, prototypes, pattern pieces and computer-aided design</li> <li>• P3 make modifications to the original design as he/she proceeds</li> <li>• P4 cut and join with accuracy to ensure a high quality finish to his/her product</li> <li>• P5 understand how key events and individuals in design and technology have helped shape the world</li> <li>• P6 construct products using different joining techniques</li> <li>• P7 apply his/her understanding of computing to program, monitor and control his/her product</li> <li>• P8 understand and use mechanical systems in his/her products e.g. gears, pulleys, cams, levers and linkages</li> </ul>